

Volunteer, Inmate Leisure Time & Self-Help Program Inventory 2010

CALIFORNIA STATE PRISON, SACRAMENTO (SAC) P.O. Box 290007 Represa, CA 95671		Marc Elia Community Partnership Manager (916) 985-8610 Ext.6410
	Name of Program	Summary Description
1	Alcoholic Anonymous (AA)	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life
2	Bayside MSF Ministry (Mon)	Christian study group
3	Bible Study Dewsnap	Protestant bible study group
4	Bible Study Morsey	Protestant bible study group
5	Buddhist Ministry	Teaching Buddhist philosophy and techniques
6	Catholic Men's Group	Identification of behavior patterns and future decision making
7	Chapel Choir	Evangelical music group
8	Christian Science	Christian science principles and studies
9	Church of Latter Day Saints	Mormon study and practice
10	Cultural Impact and Prisoner Empowerment Group (CIPEG)	Literacy program
11	College Program	Continuing education

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12	Course in Miracles	Teaching inmates to let go of hate and develop a love-based ego
13	C-Veteran's Group	Veterans' support group
14	Gangaji	Teaching inmates accountability
15	IAM/Message of Peace	Spiritual healing and behavior modification
16	Jehovah's Witness	Worship group
17	Kairos Prayer & Share	Spiritual development
18	Mandala	Identification of behavior patterns and choice making
19	Moving Meditation	Teaching Tao philosophy and techniques
20	Narcotics Anonymous (NA)	12-step recovery program where inmates learn to acknowledge narcotics addiction and the need to live a sober life
21	Spiritual Insight	Spiritual development
22	Spirituality 101	Spiritual development

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23	Toastmasters	A group that teaches the skills to be an effective public speaker while fostering leadership and responsibility
24	Workshop in Divine Mercy	Study of the life of Jesus Christ

Updated annually in May